

FIRST 72 HOURS

SPONSORED BY:
California Sanitation
Risk Management
Authority



**IN COOPERATION
WITH:**



**SAFETY CENTER
INCORPORATED**

ARE YOU READY?

Enrollment limited to 20.
Reserve your seat now!

ADVANCED FIRST AID

**All participants are strongly encouraged to attend this First Aid course as it has a specific emphasis on trauma injuries and light rescue. Minimum prerequisite: current First Aid/CPR card.*

Day 1: 8 AM -5 PMMarch 2, 2010

This unique First Aid/CPR course focuses specifically on the type of injuries most likely to occur during and after a disaster. Includes instruction on: crushings, eviscerations, dismemberments, impalements, and compound fractures. Course content also covers correct victim transport and immobilization using available materials, bloodborne pathogens and caring for the emotional and psychological needs of victims.

CLASSROOM AND FIELD EXERCISE

Day 2: 8 am - 5 pmMarch 3, 2010

Day 3: 3 pm - 8 amMarch 9-10, 2010

Classroom Instruction Covers:

- How to stay alive until emergency services reach you
- What to include in your site's disaster survival kit
- How to set up essential camp services (triage, mess, sanitation, etc.)
- Identifying key personnel in your company's emergency response plan

Field Exercise 17 hours of living the experience!

Participants experience a simulated disaster in a controlled environment. Students apply the information gathered during the first aid/CPR class and the classroom instruction to solve problems during this intense live exercise. Previous participants have benefitted from this portion tremendously. It is an eye opening experience that identifies key elements missing from your existing emergency response plan.

CLASS SITE:

Encina Wastewater Authority
6200 Avenida Encinas, Carlsbad, CA 92011

TO ENROLL:

Go to: www.csrma.org (Click: CSRMA Risk Control Online, Click: Training, Click: View Available seminars)

Call: Dave Patzer @ (707) 373-9709

Fax: (707) 647-7200

Email: losscontrol@sbcglobal.net

PLEASE NOTE: CSRMA is covering the cost of this course for up to 20 attendees (max of 2/agency). This course runs \$500/attendee. Agencies registering employees for the course and failing to cancel their registration up to 10 business days prior to the first day of class will be invoiced \$250 for each "no-show". Due to the intense physical and psychological demands of this course, all students are required to sign a medical release form prior to participation.

ARE YOU PREPARED FOR DISASTER?

Being prepared means being ready for any kind of emergency, be it hurricane, utility disruption or man-made disaster

-US Department of Homeland Security

Previous Safety Center Incorporated **FIRST 72 HOURS** participants have said:

I have had the privilege of attending several "disaster drills" throughout California. None of which compared to the training and experience I obtained at the Safety Center.

Law enforcement, National Guard, Fire personnel, as well as other EMS entities will tell you that in a large spread disaster, especially one with mass casualties, you and I may be left to fend for ourselves for days, if not weeks. The Safety Center has taken that into consideration when forming the training.

Every angle was covered, from basic victim triage, to dealing with downed power lines, what to have in an emergency supply kit, first aid and CPR with (an) emphasis on trauma, teamwork and leadership skills, all the way down to post traumatic stress. If you live in a house, breath air, drink water or have a family, I would highly recommend this class.

- Dan Ryant, Ducor Telephone Company, Corning CA

WHERE SHOULD YOU TAKE THE INJURED?

The first couple of minutes during the earthquake I was thinking what did I get myself into? Then I suppose I reverted back to my training, but it was tougher than I had imagined....I have never had a drill like this and hope not to HAVE to use the knowledge I learned, but if something does happen I will be able to help.

- Drake Bruce, USS POSCO, Pittsburg, CA



Classroom instruction focuses on major trauma skills, such as dealing with crushing injuries, dismemberment and evisceration, as well as what to do with bodies. Safety Center's senior instructor, Bruce Anderson, had people physically transport people to understand the difference between transporting a dummy and a live human being. The class also taught lay responders to work as a team and "move as one."

Instruction also centered on the earthquake threat to California, the legalities of workplace evacuations, identifying key personnel in a company's emergency response plan, requirements of first-aid kits and "how to keep alive".

The curriculum also includes information about bloodborne pathogens (always relevant when dealing with bleeding patients) and how to safely rescue injured people.

- Cal-OSHA Reporter, Sept 22, 2008

WHAT WILL YOU DO UNTIL HELP ARRIVES?

WHO GETS TREATED FIRST?

