



Did You Know?

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CSRMA Risk Control Online Website:

<http://www.sipeonlinetraining.com/csrma/>

Online Ergonomics Advisor... Coming Soon!

CSRMA is taking Ergonomics to the next level with the Online Ergonomics Advisor. With this application, your employees can log on to:

- Assess their own workstation and then adjust it for ideal ergonomic positioning
- Use the Pain Advisor to quickly identify ergonomic adjustments that can be made to reduce pain and potential for some injuries
- Learn targeted stretches that they can do right at their workstation
- Complete an ergonomics training program



CSRMA's interactive approach will engage employees and give them the tools they need be responsible for improving their own ergonomics. Reduce the risk of musculoskeletal disorders and improve employee job satisfaction with the CSRMA Online Ergonomics Advisor.

Contractor Safety Program Builder

We are in the final testing phase of the CSRMA Contractor Safety Program Builder and it should be available for all members in mid-November. With this application you will be able to quickly and easily:



- Create a **Safety Handbook** for each project. The Safety Handbook will give contractors on that specific project the information they need about your Agency's safety programs and general safety practices. This can go a long way toward helping prevent contractor-related losses.
- Build a **Safety Orientation** to give to all contractors. This document will provide contractors with information about your Agency's safety rules and requirements and provide a safer environment for all employees and the general public. The Contractor Safety Program Builder helps you comply with many Cal-OSHA requirements for sharing information with contractors.
- Develop Minimum Safety Requirements for Bidders. You will be able to develop your Agency's specific guidelines for making an initial determination of whether a contractor is a responsible bidder based on its safety record. This application will support your compliance with Sections 20162, 20783 and 20803 of the California Public Contract Code

If you ever have any questions or want more information, contact David Patzer, CSRMA Risk Control Advisor at (707) 373-9709 or losscontrol@sbcglobal.net.